

**FOR IMMEDIATE RELEASE**

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## **1971 Simms high school graduate to present 2010 grads with her new book about achieving success in life**

SIMMS, TEXAS — A new book by 1971 James Bowie High School graduate Lynn Garrett McLeod — *From Simms to Zanzibar — What They Didn't Tell Me About Success in High School and I Didn't Know to Ask* — will be officially launched when she personally presents each James Bowie 2010 graduate with a copy at their senior breakfast on June 4 at the school.

She and her brother, James Garrett, also a James Bowie graduate, will then award two seniors with their annual Garrett Scholarship at the school's commencement on the evening of June 4. Both Lynn and James were honored with the James Bowie High School Distinguished Alumni Award in 2008.

*From Simms to Zanzibar* is dedicated to Mrs. Betty Reed, Lynn's business teacher at James Bowie, whose support and encouragement inspired and motivated her through the years. Prior to her retirement in 2003 after 34 years at James Bowie, Mrs. Reed frequently invited Lynn to speak to her business students with the hope of inspiring them to continue their education beyond high school and pursue a successful business career. Mrs. Reed passed away in August 2009. Her children, Karen Hasley, Kim Stewart and Tommy Reed (Teddy Reed preceded her in death), will accept a copy of the book in her memory.

Lynn will host a book signing at the Chapel of Light in downtown New Boston, Texas, from 2-3:30 p.m. Sunday, June 6 in conjunction with a free musical concert with James Garrett and his band, along with Amy Duggar and Two Hearts-N-Him.

Lynn's book connects teens and adults, and will benefit anyone who answers "yes" to any of these questions:

- Are you just graduating from high school or college?
- Are you a parent or teacher with a teen in your life?
- Are you someone seeking a new direction in life or career?
- Are you a school counselor or activities director looking for an inspirational manual on achieving success?
- Are you looking for a short, enjoyable read?
- Are you looking for a gift for a graduate?

*From Simms to Zanzibar* serves up a smorgasbord of useful tips for navigating the high seas of success. This 168-page book expounds on a commencement address Lynn delivered as an alumna of James Bowie. With a mixture of warmth and humor, she weaves together personal stories and professional experiences in her journey from a chaotic upbringing to a life of success and adventure.

The easy-to-read narrative is filled with inspiring quotes and entertaining stories that helped shape the life of the author, now an accomplished business woman and world-class adventurer. Lynn's journeys have taken her to more than 60 countries worldwide, but it was half-a-world-away — on a beach in Zanzibar, Africa — where the inspiration for this book took root.

*Success is not a birthright ... Find your passion, live your dream ... Give yourself permission to fail — you haven't stopped breathing yet ... Enjoy your youth — it only happens once in your life ...*

"If you come from a small school and a place where resources were limited but heart and soul were not, what would you say to a group of graduating seniors? *From Simms to Zanzibar* is reflection on a journey

from graduation to personal success, and a tribute to those who helped along the way. It's the perfect gift." -- Lisa Hudgeons, Principal, James Bowie High School, Simms, TX.

Lynn McLeod lives in Golden, Colorado; is a mentor to teens through Denver Kids, Inc., a nonprofit organization; and also volunteers as a ski patrol member at Winter Park Ski Resort in northern Colorado. She is an experienced speaker and available for speaking engagements.

From Simms to Zanzibar is available for \$15 at [www.LynnMcLeod.com](http://www.LynnMcLeod.com) and by contacting the author at [lynn@LynnMcLeod.com](mailto:lynn@LynnMcLeod.com).

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